MOON
PLANNER

Moon *Phases & Meaning*

NEW MOON

- Set Intentions
- Ask for desires to manifest
- New Beginning

FULL MOON

- Act Fully
- Release and Let go
- Cleanse

WAXING CRESCENT

- Energetic alignment
- Take action
- Speak positively

WANING GIBBOUS

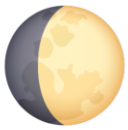
- Let go of control
- Trust the Universe
- Cleanse energy

FIRST QUARTER

- Act on momentum
- Courage
- Build on plans

LAST QUARTER

- Let go of control
- Learn from the phase
- Purge energy



WAXING GIBBOUS

- Refine plans
- Patience
- Prepare and speak positively

WANING CRESCENT

- Ground & center energy
- Rest and relax
- Self care

New Moon *Card Spread*

DATE:

DECK:

1

2

3

What do I want to bring into reality now?

What do I need to change for this to come through?

What is my next step?

Full Moon *Card Spread*

DATE:

DECK:

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What do I need to let go of?

How can I let this go?

What is my most powerful next step to manifest my intentions?

New Moon *Manifesting*

New moons are about new beginnings, planting new seeds, and releasing anything that is no longer serving you.

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DATE:

Write Your Intentions, Dreams, Wishes, Desires:

Your Mantra:

Young Moon *Manifesting*

SIGN:

1/2 - 3 days after the new moon.
Focus on your goals and manifestations for this lunar cycle.

DATE:

What Do I Want to Manifest?

What New Project Do I Want to Begin?

What Seeds Am I Planning Right Now Towards My Bigger Goals?

Waxing Crescent *Moon*

3-7 days after the new moon.
The waxing crescent is a time to refine your goals and plans and take inspired action.

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DATE:

What Are My Next Steps? What Opportunities Are Speaking to Me?

What Are My Intentions / Goals for These Next Steps?

What Can I Do To Increase My Trust In The Universe?

First Quarter *Moon*

7-10 days after the new moon.
The first quarter is the moon phase that starts to increase energy and illuminate any challenges to the seeds planted during your new moon ritual. During this time, raise your vibration and speak intentions and affirmations to support your manifestation and overcome any obstacles.

SIGN:

DATE:

What Challenges Are Presenting Themselves?

What Affirmations or Intentions Can Help Me Overcome These Challenges?

What Are My Priorities to Act Upon Right Now?

Waxing Gibbous *Moon*

10-15 days after the new moon.
Continue to refine your plans, take action, and speak positively to yourself. Put your trust in the Universe and know that your plans are coming to fruition.

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DATE:

What Finishing Touches Do I Need to Add To My Projects?

What Inspired Action Can I Take Towards My Goals?

What Is The One Thing I Can Do Now and Trust It Is Right?

Full Moon *Manifesting*

15-18 days after the new moon.
The full moon is for celebrating and receiving the rewards of your work. Celebrate yourself and what you've accomplished so far.

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DATE:

What Can I Celebrate Right Now?

What Do I Want to Learn Into More or Right Now?

What Am I Manifesting Right Now?

Waning Gibbous *Moon*

3-7 days after the full moon.
The waning gibbous is a time to release control, cleanse your energy, and put faith in the Universe. Turn your attention inwards, reflect, and meditation.

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DATE:

What Am I Grateful For?

What Am I Releasing That No Longer Serves Me?

What Will I Do Differently Next Time?

Last Quarter *Moon*

7-10 days after the full moon.
Reflect on what you've learned during this lunar cycle. Focus on what you might want to differently next time. Relax and take time for self-care if you're feeling depleted.

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DATE:

What Can I Do For My Self Care?

What Came Up For Me That Needs Healing?

What Manifested For Me?

Waning Crescent *Moon*

10-15 days after the full moon.
Power down, practice self-care, and integrate lessons learned during the previous lunar cycle. Tie up any lingering loose ends.

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What Do I Need To Release Control Of?

What Do I Need To Open To Receive?

What Space Do I Need to Create In My Life?

Old Moon *Dark Moon*

15-18 days after the full moon.
Rest and relax. Make plenty of time for self-care and prepare for the new lunar cycle ahead.

SIGN:

DATE:

What Did I Learn During This Lunar Cycle?

What Do I Need To Freshen Up In My Life?

What Do I Need to Take a Break From?

Moon *Manifesting Notes*

Month of: _____

NEW MOON

FULL MOON

WAXING CRESCENT

WANING GIBBOUS

FIRST QUARTER

LAST QUARTER

WAXING GIBBOUS

WANING CRESCENT

Journal *Pages*

Daily *Planner*

MOON PHASE:

DATE:

APPOINTMENTS:

GOALS:

AFFIRMATIONS:

TAROT/ORACLE CARD OF THE DAY:

MOON SIGN:

NOTES:

To Do *List*

MOON PHASE:

DATE:

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QUICK REMINDERS:

My Vision *Board*